

# 21-DAY

## CORPORATE FAST



## **Contagious Church (C.C.)**

### **21-Day Fast & Strategic Prayer Focus and Scriptural Meditations**

Contagious Church is taking part in a 21-day fast beginning on Monday, January 1, 2024 at midnight and continues through Sunday, January 21, 2024 at 3:00 pm. For those who are interested in a potential idea of how you should fast, we suggest a partial fast for a period of the day or a complete fast from certain things for the entire 21 days. However, we will be fasting from midnight to 3 pm or 6 pm on those days. In addition, there are exceptions for those taking medications or you have to fast progressively, meaning starting off till 12pm and then going longer. During these hours, we will be abstaining from all food and drink as well as television, Facebook, Internet and other forms of non-essential communication. The key here is *non-essential*. If you must work or operate in one of these forums for work or ministry it is one thing but if it is purely pleasure let's refrain.

There are no specific requirements due to individual medical conditions, however, it is important for you to commit to chastening your flesh by sacrificing food and distractions. In addition, it is our goal to ensure that we are spending an ample amount of time in prayer and reading of the Word. Thus, we have given prayer objectives so that we can have a concerted effort of focus on prayer.

For those who have families you should ensure that at minimum during the day you find time to gather with your family and have family prayer and scripture meditation time. You will see great rewards during this time when you do this.

Last but not least, I suggest that each person determine in their heart that they will make a sacrificial offering during the 7 days of the fast, towards the building fund if you have not as of yet. John Avanzini deals with how fasting, praying and giving will produce great rewards in the life of the believer. On Wednesday night during the fast we will have a time of corporate and partner prayer as corporate prayer and worship are areas where we will also see great breakthrough.

## **Prayer Objectives:**

- Souls won for the Kingdom minimum:
  - 10 unsaved people per month won to the Lord (not just prayer repeated but actually seeing them commit to Christ)
  - 10-20 first time visitors per month
- Spiritual growth for the members of the Church:
  - Increase in Discipleships
- Purchase of Properties for ministry, business, and schools
- Strategic Kingdom connections individually and collectively
  - Relationships which open the doors for individual members
    - Business
    - Ministry
    - Finances
- Financial breakthrough individually and collectively
- Kingdom Business's activated (need direction on where to start)
- Divine alignment for Kingdom assignments

## **Types of Fasts**

There are different types of fasting in the Bible, however, and not all of them involve food. Many people in the Bible fasted, including Moses, David, and Daniel in the Old Testament and Anna, Paul, and Jesus Christ in the New Testament. Many important figures in Christian history attested to fasting's value, as do many Christians today.

Biblical fasting is often closely linked to repentance, as in the examples of David, the nation of Israel, and the city of Nineveh. Fasting is also related to passionate prayer, as in the examples of King Jehoshaphat and Queen Esther. Biblical fasting comes from a humble heart seeking God (Isaiah 58:3–7). John MacArthur comments on Isaiah 58: “The people complained when God did not recognize their religious actions, but God responded that their fastings had been only half-hearted. Hypocritical fasting resulted

in contention, quarreling, and pretense, excluding the possibility of genuine prayer to God. Fasting consisted of more than just an outward ritual and a mock repentance, it involved penitence over sin and consequent humility, disconnecting from sin and oppression of others, feeding the hungry, and acting humanely toward those in need.”

**The regular fast** is done by abstaining from all food, both solid and liquid, except for water. This is the type of fasting Judah’s King Jehoshaphat called for when his country was confronted with invasion (2 Chronicles 20:3). The Lord defeated their enemies, and the men of Judah blessed the Lord (2 Chronicles 20:24–27). After the Babylonian Captivity, the people returning to Jerusalem prayed and fasted, asking God for His protection on their journey (Ezra 8:21). The Lord Jesus fasted during His forty days in the wilderness being tempted by Satan (Luke 4:2). When Jesus was hungry, Satan tempted Him to turn the stones into bread, to which Jesus replied, “Man shall not live by bread alone” (Luke 4:4).

Another type of biblical fasting is **the partial fast**. The prophet Daniel spent three weeks fasting from certain foods. In Daniel 10, the prophet says, “I, Daniel, mourned for three weeks. I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over” (Daniel 10:2–3). Note that Daniel’s fast to express his grief on this occasion only omitted “choice” food, and it also involved relinquishing the use of oils and “lotions” for refreshment. Today, many Christians follow this example and abstain from certain foods or activities for a short time, looking to the Lord for their comfort and strength.

Also mentioned in the Bible is the **absolute fast**, or the full fast, where no food or water is consumed. When Esther discovered the plan for all the Jews to be killed in Persia, she and her fellow Jews fasted from food and water for three days before she entered the king’s courts to ask for his mercy (Esther 4:16). Another example of an absolute fast is found in the story of Saul’s conversion. The murderous Saul encountered Jesus in His glory on the road to Damascus. “For three days he was blind, and did not eat or drink anything” (Acts 9:9). Immediately following that time of blindness and fasting, Saul dedicated his life to preaching Jesus Christ.



In the cases of Esther and Saul, the absolute fast only lasted three days. However, Moses and Elijah took part in miraculous, forty-day absolute fasts. When Moses met God on the mountaintop to receive the tablets of stone, he ate no bread and drank no water (Deuteronomy 9:9). And, after Elijah defeated the prophets of Baal on Mt. Carmel, infuriating Queen Jezebel, Elijah fled for his life and spent forty days of fasting in the wilderness (1 Kings 19).

The purpose of fasting is not to get God to respond as a genie in a bottle to grant our every wish. Fasting, whether it is regular, partial, absolute, or sexual, is a seeking after God's heart, all other blessings and benefits being secondary to God Himself. This is what sets apart biblical fasting from other religious and cultural practices around the world.

### **Scripture References for Fasting:**

Matthew 6:16-18, Matthew 9:14-15, Luke 18:9-14

### **Relation to Prayer and Reading of the Word:**

1 Samuel 1:6-8, 17-18, Nehemiah 1:4, Daniel 9:3, 20, Joel 2:12, Luke 2:37, Acts 10:30, Acts 13:2

### **Corporate Fasting:**

1 Samuel 7:5-6, Ezra 8:21-23, Nehemiah 9:1-3, Joel 2:15-16, Jonah 3:5-10, Acts 27:33-37

Remember that it is the attitude of a heart sincerely seeking Him to which God responds with a blessing (Isaiah 58, Jeremiah 14:12, 1 Corinthians 8:8). May God greatly bless you as you fast!

### **Scriptures to Meditate on and Memorize:**

I suggest you read each of these scriptures at least 1 time a day and pray and during the fast it is an awesome idea to memorize at least 2 scriptures per week. The choice is yours, but it will definitely increase your faith.

### **Fasting:**

Isaiah 58:1-12

Matthew 6:16-18

Zechariah 7:5

Psalms 69:10

Psalms 35:13

Joel 1:14

Joel 2:12

Esther 4:16

Nehemiah 1:4

Exodus 34:28

Deuteronomy 9:9, 18

1 Kings 19:8

Daniel 9:3

Luke 2:37

### **Faith:**

Mark 11:21-24

Matthew 17:20

Matthew 21:21

Matthew 14:31

Matthew 15:28

Matthew 9:2

2 Corinthians 15:14-17

1 John 5:4

James 1:3

Luke 17:6

**FAITH ARISE MP3 link:** <https://www.dropbox.com/s/9g6lo0bwzyiaymu/Faith%20Arise.mp3?dl=0>

**Prayer:**

2 Chronicles 7:14

Ezra 8:23

Mark 11:21-24

Matthew 18:18-20

Ephesians 6:18

1 Thessalonians 5:17

It is important and valuable that we are on one accord, praying and believing for the same thing. Here is the schedule for the 21-day fast.

## **DAY 1**

### **Scripture:**

**Salvation:** Pray for God to circumcise their heart (Deuteronomy 30:6). Give them a heart of flesh to be open to God (Ezekiel 11:19). God to put His spirit in them (Ezekiel 36:27) God would remove Satan's strong hold (2 Corinthians 4:4) God wants all to be saved (1 Timothy 2:3-4)

**Backslider:** Jeremiah 3:14,22, Acts 3:19,

### **Focus:**

Souls added to the Kingdom and to Contagious Church. Return of the backslider to purpose.

## **DAY 2**

### **Scripture:**

**Unity:** Ecclesiastes 4:9-12, Psalm 133, Amos 3:3, John 17:11, 21-23, 1 Corinthians 1:10, Ephesians 4:1-3, 14-16, 1 Corinthians 14:33

**Honor:** 1 Peter 2:17-19, Matthew 7:12, Romans 12:10, Philip 2:3, John 13:34-35, 1 Thessalonians 5:12-13

**Forgiveness:** Ephesians 4:32, Matthew 6:14, Colossians 3:13, Luke 6:37, Matthew 18:21-22, Mark 11:25

### **Focus:**

Pray for Unity among leaders, members and to demonstrate honor and forgiveness.

**Ways to honor your leader:** Pray for them, encourage, serve faithfully, be trustworthy, support the vision and mission



### **DAY 3**

**Scripture:**

Genesis 35:12, Romans 13:8

**Focus:**

Pray for purchase of properties for Tampa and Charlotte (refer to specifics on prayer objectives) for the ministry, business endeavors, and schools.

### **DAY 4**

**Scripture:**

**Repent:** 2 Corinthians 7:14, 1 John 1:9, Proverbs 28:13, 2 Peter 3:9, Joel 2:13, Psalm 51

**Focus:**

Pray for true repentance: you acknowledge your sin and make a 180 degree turn with a heart not do it again, regretting what you have done because it's wrong and not because you got caught. Repentance requires brokenness. Pray for holiness.

### **DAY 5**

**Scripture:**

Leviticus 20:6-8, Ephesians 1:4, 1 Peter 1:14-16, 2 Timothy 1:9, 1 Peter 2:9, 1 Thessalonians 4:7,

**Focus:**

Pray for a return to holiness. To be separated from the world ways and yielded unto God as righteousness

## **DAY 6**

### **Scripture:**

2 Corinthians 10:3-5, 1 Peter 5:8-9, Isaiah 54:17, Ephesians 6:11-17, Romans 8:37, 1 Corinthians 15:57, Luke 10:19, 2 Thessalonians 3:3, Matthew 18:18-19, Deuteronomy 28:7, Psalm 91

### **Focus:**

Pray against demonic strongholds & principalities. Guard against witchcraft, sorcery, python spirit, jezebel spirit, lust, greed, weariness, abandonment of purpose

## **DAY 7**

### **Scripture:**

**Revival:** Psalm 23:3, Psalm 85:6, 2 Chronicles 7:14, Psalm 51:10, Acts 3:19-20, Psalm 23:1-3, Jude 1:24, Jeremiah 31:25, Proverbs 11:25, James 1:5-6, Colossians 4:5-6, Psalm 90:17, Isaiah 58:11, Psalm 5:12, Psalm 84:11, Psalm 90:17, Proverbs 3:1-4

### **Focus:**

Pray for revival to take place individually and corporately. Believing for a fresh outpouring of God's spirit like a flood, with the demonstration of sign, wonders, and miracles.

Pray for leaders to be refreshed, renewed, replenished and, to be given wisdom, knowledge and understanding, and favor.

## DAY 8

### ***Scripture:***

***Matthew 6:33, KJV***

*But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.*

### **Reflection:**

As we continue our 21-day fast, it is important for us to seek first the kingdom of God and His righteousness. We arise today putting first things first with kingdom business being our priority. We arise today giving God the first fruit of our lips, the first fruit of our day, the first fruit of our increase, and the first fruit of this year. When we seek God first, the blessings will automatically be added to us. In seeking God before anything else it gives Him the opportunity to lead us into righteousness, which ensures our success. We allow this time of cutting away the old and arising as a new creature in Christ being shaped and formed in the likeness of God.

### **Prayer:**

Thank You Father God that Your grace is sufficient for and Your power is made perfect in my weakness. As I continue this 21-day fast, I sincerely seek you first; I seek You early in the morning and await your instructions for my day. I come before you to humbly present myself as a living sacrifice, holy and acceptable unto you for that's our reasonable service (Romans 12:1-2). We crucify this flesh, we pick up our cross, and we follow you and allow you to remove anything in us that's displeasing to you. We submit to you today and give you a NEW YES. We allow you to cut away anything that's not producing life or godly fruit. Create in us God a clean and pure heart and renew a steadfast spirit within us. Let your kingdom come and will be done in us as it is in heaven. For thine is the kingdom, and the power, and the glory, forever and ever in Jesus' name. Amen.

## DAY 9

### Scripture:

Read **Exodus 33:11-23, 34:5-10**,

Emphasis **Exodus 33:13, 18**

*"If you are pleased with me, teach me your ways so I may know you and continue to find favor with you." (Exodus 33:13 NIV)*

*Then Moses said, "I pray You, show me Your glory!" (Exodus 33:18 NIV)*

### Reflection:

God is spirit, and those who worship Him must worship in spirit and truth (John 4:24). He is near to those that call upon His name. Moses spoke with God as one speaks to a friend (Ex 33:11) and cried out “teach me your ways that I may know you.” (v13) To know the ways of God we must know Him, draw close to Him, and study His word. God’s will is revealed in His word. Moses didn’t want to go anywhere without God, he realized God’s presence sets him apart from the world. (v15) Deep cried out to deep and Moses asked God “show me your glory”, reveal who You are. I want to know Your name, and nature. Reveal Your Kabod, the weightiness and heaviness of your presence. Reveal the mighty God working on our behalf. Reveal the God that knows me by name and the number of hairs on my head. The one that created my innermost being and knit me together in my mother's womb.

May your prayer time today take you to into the inner courts and into the holy of holies. May your soul yearn for God as the deer pants for the water. As you seek the Lord with all of your heart He will proclaim His name and reveal His glory / presence to you. (Ex. 34:5)

### Prayer:

Father, in the name of Jesus, I pray that Your glory is manifested in and through and Your presence is made known unto me. Reveal your Kabod, the weightiness and heaviness of Your glory.

Show us your Shekinah glory, the brightness of your light and presence.

Make known Your ways, teach me your paths, lead me in Your truth, and show me Your salvation. Give me an undivided heart that I may fear Your name. I will rejoice in your commandments and keep your word in my heart that we may not sin against you (Psalm 119:11). Reveal the vastness of your love that I may comprehend with all saints what is the breadth, and length, and depth, and height of your love towards us (Ephesians 3:18). I no longer want to remain in the outer courts but enter the holy of holies and into the presence of the King of Glory!

## DAY 10

### Scripture:

***Leviticus 6:12-13, KJV***

*And the fire upon the altar shall be burning in it; it shall not be put out: and the priest shall burn wood on it every morning, and lay the burnt offering in order upon it; and he shall burn thereon the fat of the peace offerings. **The fire shall ever be burning upon the altar; it shall never go out.***

### Reflection:

Fasting is an opportunity to present ourselves unto God as a living sacrifice. You are God's chosen generation, royal priesthood, and holy nation (1 Peter 2:9). Build an altar of worship before the Lord, bring your wood (sin) to burn, present your burnt offering (worship and praise), and offer Him your sacrifice of peace (prayer and thanksgiving). God is an all-consuming fire, allow the all-consuming fire to burn a blaze in your heart, to purge you of unrighteousness and ignite you with a holy passion.

### Prayer:

Father, I give you ALL of me today. I present my sins and transgressions before you. I am with unclean lips. Forgive me for missing the mark, forgive me for falling short, and forgive me for my disobedience. I repent Lord of all of my sins (commission and omission). I humble myself, pray, seek your face, and turn from our wicked ways. Thank you that when I repent of my sins, You are faithful and just to forgive me and cleanse me of all unrighteousness (1 John 1:9). Thank You Father that You have

removed my sins as far as the east is from the west and you remember them no longer (Ps. 103:12). I bring to You my worship, my praise, and my thanksgiving. May You receive my worship it as a sweet savory fragrance before You. May the fire continue to burn upon the alter and may it never go out in Jesus' name.

## DAY 11

### **Scripture:**

***Job 23:12b***

*"I have treasured the words of His mouth more than my necessary food."*

### **Reflection:**

Man shall not live by bread alone but by every word that proceeds out of the mouth of the Father (Matt. 4:4). God's word is spirit and life. It's a lamp unto our feet and a light unto our path (Ps. 119:105). The Word of God brings freedom, deliverance, strength, healing, restoration, revelation, power, and an anointing to remove every burden and destroy every yoke.

The Word of God is alive, active, and quickens us. It's QUICK & POWERFUL, sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart (Hebrews 4:12). The Word reveals and uncovers, shines light in darkness, and exposes hidden motives. Allow the Word of God to search and test you. Allow it to pierce your inner depths and divide flesh from the spirit. We choose today to sow into the Spirit which brings EVERLASTING LIFE!!

### **Prayer:**

Thank You Lord for Your manna from heaven. Thank You for Jesus being our Living Water and the Bread of Life! Your words are sweet to taste, sweeter than honey to my mouth! Fill me with Your Word for it is more precious than gold and more pure than refined silver. It is pleasant to our soul and healing to our bones (Ps. 19:10). I drink and eat of You and I shall be filled in Jesus' name.

## DAY 12

### Scripture:

#### ***John 8:31-32***

*Then said Jesus to those Jews which believed on him, if ye continue in my word, then are ye my disciples indeed; and ye shall know the truth, and the truth shall make you free.*

### Reflection:

If we love God, then we should keep His commandments. His Word is written on the tables of our hearts and it becomes a JOY to obey. We honor the Lord in all things just to see our Abba Daddy smile, just to make Him proud of us. Just to hear “well done good and faithful servant”. Continuing in the Word strengthens our faith, clears our vision, renews our minds, and releases a freedom that we could NEVER accomplish ourselves. Our spirits long for the connection and relationship with God but we tend to “patch” that desire. We begin to fall into cycles of temporary gratification feeding our flesh giving into lusts, addictions, and relationships. In the end, we still leave empty, sometimes hurting worse than before. In Christ, there is NO LACK! He mends the brokenhearted, sets captives free, fills the void, and rebukes the shame! GLORY TO GOD THERE IS FREEDOM!

### Prayer:

Thank You Lord for filling every void in my life, mending my brokenness, restoring my soul, and healing the inner depths of my spirit. Thank you for transcending me from the kingdom of darkness into Your marvelous light. Thank you that I have been redeemed from the curse of the law. We have been redeemed from sickness, disease, poverty, and spiritual death (Galatians 3:13). I thank and praise You there is NO LACK in my life that You have not already supplied. I declare I am free today because Your Word declares, whom the Son set free is free indeed in Jesus' name!!! Let the redeemed say so!



## DAY 13

### Scripture:

#### ***John 15:1-14***

*I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.*

*If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.*

*Herein is my Father glorified, that ye bear much fruit; so, shall ye be my disciples.*

### Reflection:

Jesus is the TRUE vine, the one and only, and there is no other. The source is authentic, sweet, and pure. In Him there's fruitfulness, it's greater in quality and quantity! In Him is a superior, more excellent harvest!! As we abide in (meno - remain, continue, never depart from) the word of God, line upon line and precept upon precept the Holy Spirit breathes life and begins to teach us new things. Revelation comes and we begin to be filled with the knowledge of his will in all wisdom and spiritual understanding. His Word begins to permeate our soul and transform us into the likeness of Christ. Light shines and the sword prune the branches not bearing fruit or giving life. The pruning process can be painful and uncomfortable. It tends to leave us "open" and vulnerable but in Christ we can be naked and unashamed. Fasting brings us to a place of humility and submission. Though we remain open and transparent before God, we can rest in the assurance that glory of the Lord will hide us, His Word will cover us, and His armor will protect us.

### Prayer:

Father I come transparent before You; naked and unashamed. I allow the light to shine, the sword to prune, and Your word to cleanse every fiber of my being. I surrender and give you permission to shape and mold me in Your likeness and image that I may be a bride without spot and blemish. I honor You in all I do, and may You be glorified in the abounding fruit I bear in Jesus' name.

## DAY 14

### Scripture:

***Psalms 119:1-8, NIV***

*Blessed are they whose ways are blameless, who walk according to the law of the Lord.  
Blessed are they who keep his statutes and seek him with all their heart*

### Reflection:

As we continue to fast and pray God will open our hearts and minds and show us how we fall short of His glory. Not only this, He is faithful and just to forgive us and cleanse us from all unrighteousness (1 John 1:9). As He removes the old, He refills our cup that may overflow releasing the goodness of the heaven. He opens doors which no man can close. He reveals divine revelations, wisdom and knowledge. Our discernment becomes clearer. Our spiritual sight will focus more on the things of God and we will hear the voice of the Lord with precision and clarity. Just as the Prophets of old who called fasting and prayer among the people of Israel, they looked to be a living sacrifice before the Lord so the glory of God could be revealed.

### Prayer:

Father, today, I become a living sacrifice before You. I lay down my will, life and thoughts for Your perfect will, becoming more in your likeness and walking upright in the ways of the Kingdom. Teach me Your laws and Your statutes and I will observe them with my whole heart.

## DAY 15

### Scripture:

***Colossians 1:9-12 NIV***

*9 For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives,[a] 10 so that you may live a life*

*worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, **11** being strengthened with all power according to his glorious might so that you may have great endurance and patience, **12** and giving joyful thanks to the Father, who has qualified you[**b**] to share in the inheritance of his holy people in the kingdom of light.*

### **Reflection:**

During our fast, we not only pray for ourselves, but for others also, that the eyes their understanding may be enlightened, that they may know the hope of their calling. We are heirs of God and joint heirs with Christ and through that inherited an unshakeable kingdom (Romans 8:17). We have been given power and authority over all the power of the enemy and nothing by any means shall harm us (Luke 10:19). When our prayers align with heaven, we release the kingdom of God here on earth. The heart of God is that not one shall perish but all would come to repentance (2 Peter 3:9). The fear of the Lord is the beginning of wisdom, and as we reverence the Lord, we choose to live a life separated and pleasing to the Father.

### **Prayer:**

I pray today in Jesus name, that the church worldwide, be strengthen in their inner man with power and might (Ephesians 3:16). Father God, I pray to run with perseverance the race that's set before me, fixing my eyes on the Author and Finisher of our faith (Hebrews 12:2). I am more than a conqueror and in Him, above all things. The Word says I am the head and not the tail, above only and not beneath (Deut. 28:13). May we can remain steadfast and immovable, always abounding in the work of the Lord for if God be for us, who can be against us (1 Corinthians 15:58, Romans 8:31).

## **DAY 16**

### **Scripture:**

***Jeremiah 31:3, KJV***

*The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee.*

### **Reflection:**

God loves us with an everlasting, unconditional, sacrificial love. The love that covers a multitude of sins, takes no records of wrongs (1 Peter 4:8). The love that throw our sins in the sea of forgetfulness and remembers it no longer (Micah 7:19). The love that forgives, heals, restores, strengthens and encourages. His love is merciful, patient, kind, gracious, and giving. No matter what your past was, God is able to erase it and begin a cleanse slate for you. With lovingkindness God draws us and His goodness leads to repentance. Think about the goodness of the Lord and all that He's done for you. Meditate on your testimony, what God brought you from and ponder on the steps before you. Take time today to give God everything that has caused a separation from you and your Maker. Receive His love, allow yourself to experience a real love that never fails. You deserve that love and He is faithful to supply it!

**Prayer:**

Father thank You for Your love today. Thank You for your forgiveness today. Thank You that Your mercies are renewed, and Your love is everlasting. May Your love be perfected in me. I open myself to experience and embrace Your love that never fails. Father help me to love others as You have loved me in Jesus name.

**DAY 17**

**Scripture:**

***Proverbs 22:4***

*Humility and the fear of the Lord bring wealth and honor and life.*

**Reflection:**

Humility is one of the things we are to do when we come before the Lord to seek His face. Fasting is a process which we govern ourselves after to bring about humility in our natural flesh. As we humble ourselves before the throne of grace, we crucify our natural to obtain what God has for us. There is no greater thing than to be before the Lord with prayer and supplication, to receive all God has for us. As we humbly lay down our

ways, our thoughts and our deeds in exchange for His, He will replace them with wealth, honor and life. As God blesses us and bring us out of trouble, trials and storms, we can look back on those things and give God praise, knowing it was He who has done this for us, by His grace and mercy. The fear of the Lord is the beginning of wisdom (Proverbs 9:10).

### **Prayer:**

Father God, in the name of Jesus; I come before You today, giving you my all: my will my mind, and my emotions. Laying down the things in my flesh to pick up Your will, Your ways, and Your works. Help me today to always walk in the fear of You so I can see how to obtain wisdom in the time of need.

## **DAY 18**

### **Scripture:**

#### ***Ezra 8:21-23 KJV***

*Then I proclaimed a fast there, at the river of Abava, that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance. [22] For I was ashamed to require of the king a band of soldiers and horsemen to help us against the enemy in the way: because we had spoken unto the king, saying, The hand of our God is upon all them for good that seek him; but his power and his wrath is against all them that forsake him. [23] So we fasted and besought our God for this: and he was entreated of us.*

### **Reflection:**

Moving forward in our corporate fast and journey, we seek divine revelation and that the mysteries of heaven be revealed. God will begin to open the eyes of our understanding that we may see what lies ahead. As we are able to perceive in the spiritual realm what God has for us, we may be scared, nervous, anxious, and, or above all excited. Whatever the case may be, we must know that God is with us. There is a plan and a purpose we have nothing to fear, the strongholds are already broken! The obstacles

have already been demolished. God has already ordained and ordered our steps and the path of our future generations. Our journey is just beginning but the ending is already written and it's victorious! It's not in our abilities but by the grace and power of our Abba Father. God is always faithful. Be encouraged and fear not because as we seek God, his hand of goodness is upon us.

**Prayer:**

Father I come before you with a grateful and open heart to receive the blessings and guidance you have for me. I declare now that every stumbling block be removed now! I decree that you will not fail in Jesus name! You already cleared the way! You already sent your protection! Our purpose you're your plans are in alignment! I thank you now Father for your hedge of protection. I also thank you for the grace and mercy in our lives. I truly thank you for the open heaven and renewed strength in my life in Jesus name. Amen.

**DAY 19**

**Scripture:**

**Psalms 139:23 – 24**

Search me, O God, and know my heart: try me, and know my thoughts: And see if *there be any* wicked way in me, and lead me in the way everlasting.

**Reflection:**

The purpose of fasting is to re-align ourselves with God. Fasting in the very essence is about drawing closer to God. Think of it this way, have you ever driven a car out of alignment? The car is constantly either pulling to the left or to the right; therefore, going off the correct course or direction. The same is true about our spiritual walk with Christ. In scriptures it talks about how God can and will straighten the crooked paths before us (Isaiah 45:2). The question that we need to ask ourselves is this, Am I causing some of my crooked paths? Am I veering off course or allowing my fleshly wants to overcome that of what God wants to do in my life? During this time let us seek God and ask that if there *be any wicked*

*way in me* that it be revealed and be removed. Once the wicked is removed we must walk it out. It is not enough to say I've been set free...you have to know it and own it! Where the spirit of the Lord is there is freedom (2 Corinthians 3:17).

### **Prayer:**

Lord, I come today asking that you create in me a clean heart, O God; and renew a right spirit within me. Heavenly Father I ask that you show me the path of life and that in your presence is fullness of joy; at thy right hand there are pleasures for evermore. Lord, I thank you that you are renewing my mind, my spirit, and my way of thinking that are focused on you and your ways. Thank you for burning away all that is not of you. Lord, I walk fully in the knowing that you have called me for such a time as this to go forth in the hope of my calling that I can make Maximum Impact for the advancement of your kingdom. Lord, I thank you that my sins and iniquities are washed away through the power of the blood of Jesus Christ and that they are gone as far as the east is from the west! Glory to your name I praise you from the rising of the sun to setting of the same! Hallelujah!!! I ask all this in the name of JESUS! Amen!

## **DAY 20**

### **Scripture:**

*Isaiah 58:3-11*

<sup>3]</sup> *Wherefore have we fasted, say they, and thou seest not? wherefore have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours.<sup>4]</sup> Behold, ye fast for strife and debate, and to smite with the fist of wickedness: ye shall not fast as ye do this day, to make your voice to be heard on high.<sup>5]</sup> Is it such a fast that I have chosen? a day for a man to afflict his soul? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? wilt thou call this a fast, and an acceptable day to the LORD?<sup>6]</sup> Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?<sup>7]</sup> Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the*



*naked, that thou cover him; and that thou hide not thyself from thine own flesh?<sup>8</sup> Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward.<sup>9</sup> Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity.<sup>10</sup> And if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noon day.<sup>11</sup> And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.*

### **Reflection:**

As we fast corporately as a Body, we must make sure that our motives for fasting are rooted and grounded in the things of God. This is not for our own selfish gain or personal accolades, as it speaks of in the scripture above. We should be fasting to see the mission and the vision of the house come to pass. We should be fasting for REVIVAL to fall in our city for the bands of wickedness to be loosened, for people to be free from the yokes of bondage, so we are able to see the needs of the people fulfilled. When we have a mindset to see God's will be done in the earth then He will make sure that our needs are taken care of. Let us not be like the Pharisees and fast to boast in our own righteousness but let us fast to be able to see our God Glorified and lives changed as a result of our humility and willing heart toward the things of God. When our motives are right, we will see breakthrough and healing speedily. Our desire should be to see the glory of God manifested in the earth. Fasting, allows us to be a conduit for the glory of God.

### **Prayer:**

Jesus, I thank You today for another opportunity to worship Your name and live for You. I ask that You clean me up daily and give me a pure heart and clean hands to be used for Your Glory. For I know that of my own righteousness, we are like filthy rags, but by the blood Jesus, who has justified me, giving me the privilege to be called a son/daughter . Lord, I love you and thank you for entrusting me with the vision that You have

given, so that we can make Contagious Church visible in the earth. I ask that You have Your way in my heart. Father I pray Your love fills every individual that is connected to this ministry, Satan we cancel your agenda in the name of Jesus with any schemes that will bring division or throw us off course. Father, in the midst of this fast I ask that Your Glory fall like never before. I thank you, and I love you. In Jesus name I pray. Amen.

## DAY 21'

### Scripture:

#### ***Psalm 33 (KJV), Emphasis 33:4-9,11***

*<sup>4</sup> For the word of the LORD is right; and all his works are done in truth.*

*<sup>5</sup> He loveth righteousness and judgment: the earth is full of the goodness of the LORD.*

*<sup>6</sup> By the word of the LORD were the heavens made; and all the host of them by the breath of his mouth.*

*<sup>7</sup> He gathereth the waters of the sea together as an heap: he layeth up the depth in storehouses.*

*<sup>8</sup> Let all the earth fear the LORD: let all the inhabitants of the world stand in awe of him.*

*<sup>9</sup> For he spake, and it was done; he commanded, and it stood fast.*

*<sup>11</sup> The counsel of the LORD standeth forever, the thoughts of his heart to all generations.*

### Reflection:

“Blessed is the nation whose God is the Lord!”

I love this Psalm. The beauty of worship, praise, rejoicing, singing, the unity of the minstrels, and the shouts of joy. You see a body of believers that beholds the beauty of His majesty. People that have a personal revelation of the King, His divinity, immeasurable, eternal, everlasting kingdom. Worshipers that recognize that the Word of God is right and true, that He is faithful, that His ways are higher, His thoughts, and His power is greater.

People who understand that He is omniscience (infinite in knowledge), omnipotence (infinite in power), and omnipresence (infinite in presence, everywhere at the same time). God speaks and it comes to existence, He commands and it appears. Heaven and earth could pass away but His word remains FOREVER.

God is the same God yesterday, today, and FOREVER. He knows all things, He sees all things, and He is everywhere at the same time. God is the Creator of heaven and earth; He is in all things and holds all things together. Everything you need and everything you desire is found in Him. Savior, Master, Redeemer, Deliverer, Healer, Provider, Daddy, Friend, Comforter, Instructor, Leader, Guide, Counselor, Restorer, Lord, and God. He gives strength to the weak, hope to the hopeless, and lifts burdens when it gets too heavy. Nothing is hidden from Him. He sees you, hears you, and responds. Fasting is an act of worship, spend some time honoring God for what He brought you through and what He kept you from. If He did it before, He'll do it again!

**Prayer:**

Father, I come to You in Jesus' name. I pour out my heart before You. I come to worship You in spirit and in truth, to behold the beauty of Your majesty. Thank You for knowing all, seeing all, hearing all, and responding to my prayer. Thank You for Your covenants, Your word, and Your promises. I honor and extol You for Your faithfulness and everlasting love towards me. For Yours is the kingdom, power, and glory forever.